

Spa METROPOLE BY
GIVENCHY

ODYSSEY
BY
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COLLECTION OF TREATMENTS

GIVENCHY SIGNATURE TREATMENTS

EXCEPTIONAL RITUALS BY GIVENCHY.

LE SOIN NOIR RENAISSANCE INTEGRALE – 120 MIN 400 €
FACE AND BODY - THE MOST PRECIOUS OF ALL GIVENCHY SKINCARE LINES

“SIGNATURE” METROPOLE TREATMENT BY GIVENCHY – 90 MIN 300 €
FACE AND BODY - THE LUXURY OF A CUSTOM-TAILORED TREATMENT

GIVENCHY FACIAL TREATMENTS

ENHANCE YOUR SKIN'S NATURAL BEAUTY, BOOST RADIANCE
AND REVEAL YOUTHFULNESS.

LE SOIN NOIR – 90 MIN 275 €
SIGNATURE FACIAL TREATMENT

L'INTEMPOREL – 75 MIN 250 €
ANTI-AGEING TREATMENT

HYDRA-SPARKLING – 60 MIN 200 €
INTENSE MOISTURISING TREATMENT

CITY SKIN SOLUTION – 60 MIN 200 €
ENERGISING AND PROTECTIVE TREATMENT

SHINE NO MORE – 60 MIN 200 €
INTENSE PURIFYING TREATMENT

GIVENCHY MAN – 60 MIN 200 €
SPECIFIC TREATMENT FOR MEN

THE GIVENCHY MAKE OVER

TAKE THE GIVENCHY BEAUTY EXPERIENCE ONE STEP FURTHER
WITH MAKEUP RITUALS BORN FROM THE HOUSE'S
CREATIVE FREEDOM AND COLOUR EXPERTISE.

MAKEUP LESSON – 90 MIN	250 €
DAY / EVENING MAKEUP – 60 MIN	200 €
FLASH MAKEUP – 30 MIN	100 €

GIVENCHY MESSAGES

SKILFULLY CHOREOGRAPHED RITUALS, PERSONALISED
TO MEET YOUR NEEDS AND EXPECTATIONS.

DIVINE HARMONY – 60 / 90 MIN	200 € / 260 €
ABSOLUTE WELL-BEING	
MUSCLE COACHING – 60 / 90 MIN	200 € / 260 €
PREPARE AND REPAIR	
ENERGY BOOST – 60 / 90 MIN	200 € / 260 €
REVITALISE AND INVIGORATE FOR A RESTORED BALANCE	
ANTI-GRAVITY – 60 / 90 MIN	200 € / 260 €
STIMULATE BLOOD CIRCULATION AND REMOVE TOXINS	
MOTHER-TO-BE – 60 MIN	200 €
COCOONING AND ENVELOPING	
STRESS RELIEF – 45 MIN	180 €
RELIEVE AND EASE TENSIONS DEEP DOWN	

GIVENCHY BODY TREATMENTS

TWO ESSENTIAL PROTOCOLS TO REVITALISED, PURIFIED
AND ILLUMINATED YOUR SKIN.

THE TONING SCRUB – 45 MIN	150 €
FOR MEN AND WOMEN OF ALL AGES AND SKIN TYPES SUBLIMATE THE SKIN AND TONE-UP THE BODY	
THE PAMPERING WRAP – 45 MIN	150 €
FOR MEN AND WOMEN DEEP REGENERATION OF THE SKIN	

GIVENCHY INTERLUDES

A DUO OR TRIO OF BODY AND/OR FACIAL TREATMENTS
COMBINED TO MEET YOUR SPECIFIC NEEDS AND DESIRES.

CELESTIAL BODY INTERLUDE – 120 MIN	380 €
SCRUB, WRAP AND VOLUPTUOUS BODY MASSAGE	
ANTI-JET LAG INTERLUDE – 90 MIN	290 €
BODY MASSAGE AND FACIAL TREATMENT SPECIFICALLY FOR TRAVEL	
ALL-AROUND BEAUTY INTERLUDE – 75 MIN	250 €
DRAINING BODY MASSAGE AND ILLUMINATING FACIAL TREATMENT.	
OUR SINGLE SUITE INCLUDING BATH AND PRIVATE STEAM ROOM	55 € / H
OUR COUPLE SUITE INCLUDING BATH AND PRIVATE STEAM ROOM	95 € / H

OUR TREATMENTS ARE AVAILABLE IN YOUR ROOM WITH AN EXTRA CHARGE OF 25%.
OUR TREATMENTS ARE AVAILABLE AFTER SPA OPENING HOURS WITH AN EXTRA CHARGE OF 50%.

PEDI:MANI:CURE STUDIO BY BASTIEN GONZALEZ

TREATMENTS

ULTIME PEDICURE MONTE-CARLO – 90 MIN	250 €
FRESH PEDICURE – 75 MIN	190 €
BASTIEN'S PEDICURE – 60 MIN	160 €
FOOT BEAUTY "REVERENCE DE BASTIEN" – 45 MIN	120 €
BASTIEN'S MANICURE – 45 MIN	115 €
BASTIEN'S DUO (2 THERAPISTS) – 75 MIN	235 €
NAILS BRIGHTNESS – 35 MIN	75 €

REMEDIAL MASSAGES

FOOT RE-FOUNDATION – 35 MIN	90 €
GLOBAL MASSAGE RE-FOUNDATION – 35 MIN	120 €

ADDITIONAL SERVICES

"BLACK DIAMOND SCRUB" TOUCH – 15 MIN	35 €
PARAFFIN TOUCH – 15 MIN	35 €
COLOUR TOUCH – 30 MIN	35 €
FRENCH TOUCH – 30 MIN	35 €

SPORT ACTIVITIES

BODY CONTROL

YOGA – 60 MIN	145 € / DUO 225 €
PILATES – 60 MIN	145 € / DUO 225 €
STRETCHING – 60 MIN	145 € / DUO 225 €

OUTDOOR

FOOTING

1 HOUR	140 € / DUO 220 €
2 HOURS	250 € / DUO 300 €

NORDICWALKING

2 HOURS	200 € / DUO 250 €
3 HOURS	300 € / DUO 350 €
4 HOURS	400 € / DUO 450 €

SWIMMING POOL

AQUAGYM LESSON – 45 MIN	120 €
SWIMMING LESSON – 30 MIN	120 €

FITNESS STUDIO

COACHING LESSON – 60 MIN	130 € / DUO 210 €
GLOBAL MUSCULAR REINFORCEMENT – 60 MIN	130 € / DUO 210 €
CIRCUIT TRAINING – 60 MIN	130 € / DUO 210 €

DAY SPA & RITUALS

INDULGE YOURSELF OR YOUR GUESTS WITH OUR EXCLUSIVE
AND INNOVATIVE TREATMENTS AND RITUALS, IN AN ELEGANT
AND GLAMOUROUS ATMOSPHERE.

DAY SPA RELAX

430 €

FACIAL TREATMENT "HYDRA SPARKLING" – 60 MIN

BODY MASSAGE "DIVINE HARMONY" – 60 MIN

WELLNESS LUNCH AT ODYSSEY RESTAURANT

ACCESS TO THE HEAT EXPERIENCE AND FITNESS STUDIO

DAY SPA BEAUTY

630 €

FACIAL TREATMENT "L'INTEMPOREL" – 75 MIN

BODY MASSAGE "ANTI-GRAVITY" – 90 MIN

MANICURE OR PEDICURE BY BASTIEN GONZALEZ – 60 MIN

WELLNESS LUNCH AT ODYSSEY RESTAURANT

ACCESS TO THE HEAT EXPERIENCE AND FITNESS STUDIO

DAY SPA ELEGANCE

730 €

OUR SIGNATURE FACIAL TREATMENT "LE SOIN NOIR" – 90 MIN

THE "TONING SCRUB" – 45 MIN

THE "PAMPERING WRAP" – 45 MIN

MANICURE BY BASTIEN GONZALEZ – 45 MIN

PEDICURE BY BASTIEN GONZALEZ – 60 MIN

"NOIR COUTURE" LUNCH BY JOËL ROBUCHON AT ODYSSEY RESTAURANT

ACCESS TO THE HEAT EXPERIENCE, FITNESS STUDIO AND TO THE POOL AREA

URBAN RETREATS

BOOST YOUR ENERGY AND YOUR PHYSICAL FITNESS
WITH OUR PERSONALISED OFFERINGS.

HALF DAY: 300 €

FULL DAY: 500 €

DETOX

PURIFY REVITALISE REGENERATE

HALF DAY

PILATES SESSION – 60 MIN

DETOX COCKTAIL

BODY MASSAGE “ENERGY BOOST” – 60 MIN

FULL DAY

PILATES SESSION – 60 MIN

FACIAL TREATMENT “CITY SKIN SOLUTION” – 60 MIN

WELLNESS LUNCH AT ODYSSEY RESTAURANT

BODY MASSAGE “ENERGY BOOST” – 60 MIN

BEAUTY

REJUVENATE REMODEL SUBLIMATE

HALF DAY

SIGNATURE FACIAL TREATMENT “LE SOIN NOIR” – 90 MIN

ANTIOXIDANT COCKTAIL

FLASH MAKEUP – 30 MIN

FULL DAY

SIGNATURE FACIAL TREATMENT “LE SOIN NOIR” – 90 MIN

“NOIR COUTURE” LUNCH AT ODYSSEY RESTAURANT

PEDICURE BY BASTIEN GONZALEZ – 60 MIN

FLASH MAKEUP – 30 MIN

ZEN

RELAX REGENERATE UNWIND

HALF DAY

YOGA SESSION – 60 MIN

SOOTHING COCKTAIL

BODY MASSAGE “DIVINE HARMONY” – 60 MIN

FULL DAY

YOGA SESSION – 60 MIN

WELLNESS LUNCH AT ODYSSEY RESTAURANT

FOOT REFLEXOLOGY – 60 MIN

BODY MASSAGE “DIVINE HARMONY” – 60 MIN

BOOT CAMP

ENERGISE TONE-UP REJUVENATE

HALF DAY

CIRCUIT TRAINING SESSION – 60 MIN

ENERGISING COCKTAIL

BODY MASSAGE “MUSCLE COACHING” – 60 MIN

FULL DAY

CIRCUIT TRAINING SESSION – 60 MIN

AQUAGYM LESSON – 30 MIN

WELLNESS LUNCH AT ODYSSEY RESTAURANT

BODY SCRUB – 30 MIN

BODY MASSAGE “MUSCLE COACHING” – 60 MIN

SPA ETIQUETTE

ACCESS

EXTERNAL GUESTS MAY BOOK TREATMENTS AT THE SPA. THE ACCESS TO ODYSSEY IS RESTRICTED TO MEMBERS AND HOTEL GUESTS.

OPENING HOURS

THE SWIMMING POOL, FITNESS STUDIO AND HEAT EXPERIENCE ARE OPEN EVERY DAY FROM 7AM TO 9PM. SPA TREATMENTS ARE AVAILABLE DAILY BETWEEN 10AM AND 8PM UPON RESERVATION. ODYSSEY RESTAURANT IS OPEN DAILY FOR LUNCH FROM 12:15PM TO 3PM (SNACKING UNTIL 5PM) AND FROM JUNE TO SEPTEMBER FROM 7:30PM TO 11PM FOR DINNER.

SPA ARRIVAL

TO ENJOY A PERSONALISED AND UNIQUE EXPERIENCE, WE RECOMMEND TO ARRIVE AT THE SPA AT LEAST 20 MIN BEFORE THE START OF YOUR TREATMENT. IF YOU ARRIVE LATE FOR AN APPOINTMENT, YOU WILL RECEIVE THE BEST TREATMENT POSSIBLE WITHIN THE REMAINING APPOINTMENT TIME. FULL TREATMENT COST APPLIES.

SAUNA / HAMMAM / CALDARIUM

FOR EVERYONE'S COMFORT, A BATHING SUIT IS MANDATORY WITHIN ALL THE MIXED AREAS.

AGE POLICY

CHILDREN UNDER THE AGE OF 16 ARE WELCOME TO VISIT THE SPA, HOWEVER, MUST BE ACCOMPANIED BY AN ADULT. SOME TREATMENTS ARE NOT RECOMMENDED FOR MINORS.

HEALTH INFORMATION

PLEASE ADVISE US OF ANY SPECIAL HEALTH CONDITION, ALLERGIES OR INJURIES THAT COULD AFFECT YOUR RITUAL TREATMENTS OR THE USE OF THE SPA FACILITIES.

CANCELLATION POLICY

IF YOU RESCHEDULE OR CANCEL YOUR APPOINTMENT, PLEASE NOTIFY THE SPA 24 HOURS IN ADVANCE TO AVOID BEING CHARGED THE FULL AMOUNT. (A CREDIT CARD WILL BE REQUIRED TO SECURE ALL BOOKINGS EXCEPT FOR HOTEL GUESTS).

LOSS OR DAMAGE

THE METROPOLE SPA BY GIVENCHY PROVIDES EACH CLIENT WITH A CLOAKROOM AND LINEN WHILE AT THE SPA. THE MANAGEMENT IS NOT RESPONSIBLE FOR ANY LOSS OR DAMAGE TO PERSONAL VALUABLES INSIDE THE SPA.

INFORMATION & RESERVATION

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